



Section One
Boys Swimming Booklet
2018 – 2019





**Section One
Boys Swimming Calendar
2018 – 2019**

First Practice permitted November 5, 2018

First Scrimmage permitted after 12 Practice days for Team – 10 days for Individual

First Game permitted after 12 Practice days for Team – 10 days for Individual – December 3, 2018

Last Day to Compete January 28, 2019

Minimum Number of Contests To be eligible for sectional, intersectional or state competition, a team must have completed in six (6) school scheduled contests which occurred on six (6) different dates during the season.

Team Sports: An individual is eligible for the team if he/she has been an eligible participant on a team in that sport in that school for a minimum of six (6) scheduled contests during the regular season. For football, a student must be an eligible participant for a minimum of three (3) contests.

Team/Individual and Individual Sports: An individual must also have represented their school in six (6) scheduled contests during the season to be eligible. These required contests must occur on six (6) different dates and must be conducted prior to the conclusion. {NYS SPHSAA Handbook, pg. 104, #25 a}

Maximum # of Contests – 16 Per Individual

Round	Date	Site	Time
Conference Championships			
Diving	1/24	SUNY Purchase	warm-up 3:30PM start 4:30PM
Swimming	1/26 at:		
Conf. 1		North Rockland	
Conf. 2		White Plains	
Conf. 3		Beacon	

Entries for Conference Meet: NO ENTRIES – NO PARTICIPATION

Portal opens for entries on January 20

Portal closes on January 22 @ 8:00PM Verification due on January 23 @ 12:00 NOON

Section One Tournament Finals

Diving	Mon. 2/4	SUNY Purchase	warm-up 3:30PM, start 5:00PM
Swimming Trials	Tues. 2/5	Clarkstown Felix Festa MS	warm-up 4PM, start 5PM
Swimming Finals	Thur. 2/7	Clarkstown Felix Festa MS	“
Make up dates are February 6 & 8			

Entries for Section One Championships: NO ENTRIES – NO PARTICIPATION

Portal opens on Sunday, January 27

Portal closes on Tuesday, January 29 @ 8:00PM

Verification of Entries: Wednesday, January 30 at 12:00 NOON

Section One
Boys Swimming Calendar (cont.)
2018 – 2019

SECTION ONE will seed prelims to 32 and include 2 alternates. In the event there is more, we will seed to fill the heat and include 2 more alternates. Remember to include everyone who you think may have a chance of qualifying.

INDIVIDUAL SPORT VERIFICATION FORM must be emailed to Meg Kaplan @ camelot93@optonline.net, **prior to the opening of the portal on Sunday, January 27**. Remember to include everyone on your team who has participated in 6 meets.

State Championships

NYSPHSAA Boys Championships: at Eisenhower Park, Long Island, NY
Travel day, Thursday 2/28/2019

Round	Date
Swim Trials	Fri. 3/1
Diving	Fri. 3/1 All 11 rounds, begins at 1:00PM
Swimming Finals & Travel Home	Sat. 3/2

Coaches Meetings

	Date	Time
Coaches Meeting	Was held in Fall	
Online Seeding begins	1/27/19, Closes 1/29/19	8:00 p.m.
Executive Committee Mtg.	TBA	TBA

Section One tournament times and sites are tentative.
The Sports Committee will finalize the tournament at the Seeding Meeting.

**Section One Boys Swimming
2018 – 2019**

Sports Committee Members

AD Chairs: Dr. Chris Serra (cserra@ccsd.edu)
Mr. Matt Cameron (mattcameron@wpcsd.k12.ny.us)

Co-Chairperson: Meg Kaplan

Address: PO Box 53
15 Howe Street
South Salem, NY 10590

Phone: (Day) (945) 631-2400 x304
(Eve) (914) 763-8860
(Fax) (914) 631-9408
(Cell) (917) 260-1213
(Email) camelot93@optonline.net

Committee Members:

Conference I	Athletic Director	Kurt Jesman, JJEH High School
Conference II	Athletic Director	John Giametta, Beacon High School
Conference III	Athletic Director	Karen Peterson, Bronxville High School

Coaches Rep	Clare Carr, Brewster High School/John Jay
Coaches Rep	Patty Gilmartin, White Plains High School
Coaches Rep	Ron Terwilliger, Arlington High School
Coaches Rep	David Holmes, North Rockland HS
Coaches Rep	Tim Callahan, Scarsdale High School
Coaches Rep	Dan Rafferty, Tappan Zee High School

Other Members:

Paul McClintock, Officials Rep., Rules Interpreter

Official Association Reps:

Margaret Stead, Rockland
Doug Olympia, Dutchess
Tom Nangle, Westchester/Putnam

Coaches Association Reps:

David Holmes, Rockland/Dutchess/Westchester/Putnam

Section One Swimming and Diving

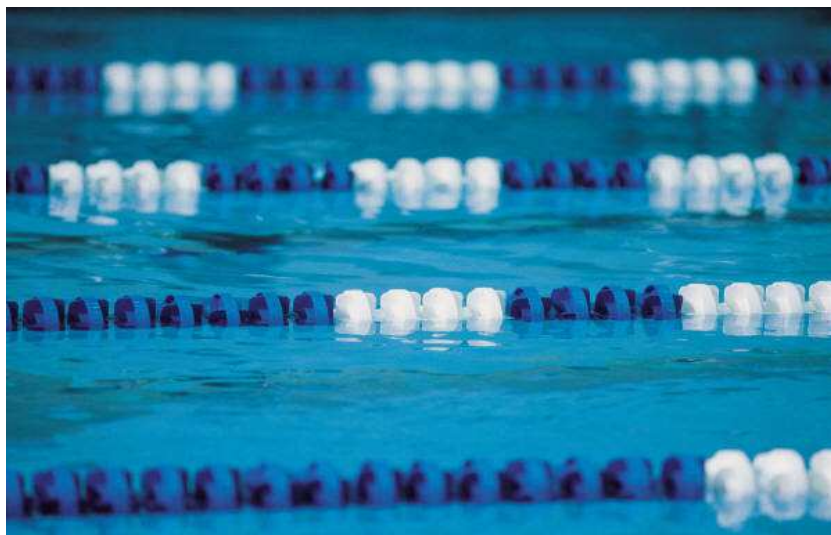
Jennifer Simmons – Section 1 Executive Director jsimmons@swbooces.org
Meg Kaplan – Section 1 Swimming and Diving Coordinator – camelot93@optonline.net
Karen Peterson – Section 1 Swimming and Diving Athletic Director Coordinator –
Bronxville HS

In-Season Qualifying Requirements

1. All Schools are REQUIRED to participate in the Section One website which can be located at www.Section1swim.com. The Section will pay the fee for all 2018 – 2019 teams. Therefore there is no direct cost to your school or yourself personally. All team information which includes your school name, the head coach, assistance coach, team mascot is due to John Coombs at john@computeraide.com by **November 6th**, earlier would be preferred. Your final team roster is due to him with the full name of your swimmer/diver and their year in school by **November 20th**; i.e., Tom E. Smith no nick names such as Tommy Smith.
2. All schools must provide a representative head coach, assistant coach or athletic director to attend the Joint Mandatory coaches meeting held in the Fall. **If a school is NOT represented, then they are INELIGIBLE to participate in In-Season Qualifying for the 2018 – 2019 school year.**
3. Meet results must be put into the Section 1 website within 24 Hours of the meet start. Results are time stamped and if put in later than 24 hours, it will be flagged and any time which met the standard for in-season qualification will be nullified.
4. At the trials, a copy of ALL meet score sheets with the referee signature in place and if using FAT (fully automatic timing) a copy of the printout for the meet will be required for those who have qualified in-season only. Data will be kept for 7 years electronically.
5. If FAT is not available, the use of 3 hand-held watches will be allowed. 1 watch will come from the lane timer, and 1 watch each from the home and visiting team (person to be determined by coach and cannot be a team member). For timing purposes during the meets, there should be a single timer behind each lane, even when FAT is available. Home school should be placed on visitors lanes and visitors should be placed on home lanes.
6. A swimmer can qualify for the 50 free and 100 free through swimming the lead off leg of the 200 Free or 400 Free relay IF all requirements of the start, stroke and finish are legal. Also, IF the relay team is disqualified, as long as it was not the lead off leg of the relay, then the time stands as valid.
7. The NYSPHSAA Protocol for Athletes to qualify must also be met for athlete to be eligible for participation in the NYSPHSAA Meet without exception.

PROTOCOL FOR ATHLETES TO QUALIFY FOR THE STATE SWIMMING AND DIVING CHAMPIONSHIPS

1. Swimmers will have the opportunity to qualify for the NYSPHSAA/NYS Federation Championship Meet if they meet the event qualifying standard during the regular season.
2. Swimmers who have qualified for the NYSPHSAA/NYS Federation Championship Meet are required to participate in their respective Sectional Championship Meet. Swimmers are not required to swim the event(s) in which they have met the qualifying standard. If circumstances out of the swimmer's control, such as injury or illness, prohibited participation in the Sectional Championship Meet, the school may appeal to the Section.
3. The Section champion in each event will represent the Section in the NYSPHSAA/NYS Federation Championship Meet. If the champion chooses not to attend the State Meet, the Section may replace the swimmer with the 2nd place finisher only if no other swimmer met the qualifying standard for that event.
4. FAT Timing (Fully Automatic Timing) or three (3) handheld watches must be used for the time to meet the qualifying standard. Divers must be scored by NFHS certified officials.



**SECTION ONE SWIMMING AND DIVING 2018-2019
GUIDELINES FOR CONFERENCE CHAMPIONSHIP MEET
THURSDAY, JANUARY 24, AND SATURDAY, JANUARY 26, 2019**

1. ALL Conference Swimming Championship meets will take place on Saturday, January 26. Warm-up times will be at the discretion of each meet director. Sites for 2018-2019 are as follows:

Diving: All Divisions SUNY Purchase, January 24, 2019

Swimming: January 26, 2019

League 1 North Rockland

League 2 White Plains

League 3 Beacon

Entries for Conference Meet: NO ENTRIES – NO PARTICIPATION

Portal opens for entries on January 20

Portal closes on January 22 @ 8:00PM

Verification of Entries: January 23 at 12 noon

2. There are no cut off times for Conferences. Each team may enter up to four (4) contestants in individual events and one relay team, regardless of times. All Leagues are a true Championship meet.

3. Diving will be held on Thursday, January 24, at SUNY Purchase, 3:30PM warm-up, 4:30PM start. Divers will complete 6 dives as per dual meet format and the required dive for the meet will be from the 100 group (forward).

4. Whether or not to prepare a program will be the decision of each meet director.

5. Seeding for this meet will be in advanced on-line as per meet director*. Packets should be available within 2-3 days prior to this championship.

6. Each meet committee will be responsible for coaches' and officials' refreshments. Section One nor the Sectional Coordinator is responsible for this expense. Please divide the cost with all the teams in your league.

7. It is required by Section One that admission be charged to cover meet expenses. The money is to be turned in to the Swimming Coordinator at the Sectional Seed Meeting. An admission fee will be charged for all Final games. **\$8.00 Admission, \$5 Children 12 & under and Senior Citizens (62 and over). \$5** per Conference Meet including diving. Please make sure you have a responsible individual taking admissions.

SECTION ONE SWIMMING AND DIVING 2018-2019
GUIDELINES FOR CONFERENCE CHAMPIONSHIP MEET
(Continued)

8. Each Conference will receive 30 “All-Conference” plaques. It will be up to each meet committee to determine the selection of their All-Conference athletes. Names of those chosen will be submitted to the Sectional Coordinator at the Sectional Trials. Each school has the All-Conference plaques and it then becomes the responsibility of each coach to provide the appropriate names to their respective Athletic Director. Please make sure that each school within your league receives at least one All-Conference Plaque as all teams represented have at least one person deserving of this award. Typically, the All-Conference plaques are distributed to any winner of an event, including relay teams and then the top finishers overall throughout the championship.

9. Medals are the responsibility of the Section and are awarded to the first, second and third place finishers. A plaque will be presented to the winning team in each League.

10. A completed copy of the meet results in each League, including All-Conference selections, shall be forwarded to the Sectional Coordinator at the Sectional Trials.

11. Additional Guidelines will be established by each meet Director. Meet Directors must furnish Guidelines 3 weeks prior to meet date to all Teams. Copies of additional guidelines will be given to the Swimming Coordinator prior to the Conference Championship Meet as well as mailed information to the coaches / teams in your Division.

12. Teams of one may participate in conference championships with Athletic Director’s approval and notification to the Sectional Coordinator.



SECTION ONE SWIMMING AND DIVING WINTER 2018 – 2019

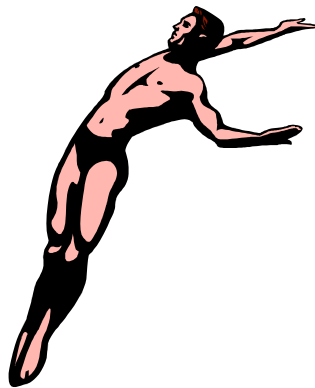
HOW TO QUALIFY FOR SECTIONAL CHAMPIONSHIPS

Championship Trials will be the fastest 32 competitors per event. If the number of qualified competitors exceeds 32, then additional swimmers will be added to complete the heat. If the number of qualified competitors falls below 32, additional swimmers with the next fastest time will be added until the field reaches a total of 32. A coach is able to enter a swimmer/diver into Sectional Championships at the Sectional Seed Meeting, having completed all necessary forms to have the School compete and each school utilizing an entry card for each entry. For the 2018-2019 season, we will automatically seed the first 2 alternates in the program. If you have a swimmer that has yet to make the cut, but is close, it is your responsibility to enter them electronically.

An individual is able to qualify for Sectional Championships via a Time Standard (See attached, which is the averaged time of 16th place over the past 5 (five) years from Section One Championships) and that individual must have participated in a minimum of 6 (six) meets during the regular season to be eligible for Section Championships. Each school may enter a maximum of 4 (four) swimmers/divers in each event, not to exceed the limit of 2 (two) relays/2 (two) individual events or 3 (three) relays/1 (one) individual event per person.

A School is able to enter 1 (one) relay team (4 (four) swimmers) per relay event no matter what the seed time is, allowing **each school participating in Section One Swimming representation the Championships in at least 3 (three) events.** (200 Medley Relay, 200 Freestyle Relay, and 400 Freestyle Relay).

Championship Finals will be the top 16 competitors and places 9 – 16 in the Consolation Finals and places 1 – 8 in the Finals. A swimmer in consolations may not qualify/finish any higher than 9th place and a swimmer in finals may qualify/finish no lower than 8th place.



2018 - 2019
SECTION ONE BOYS SWIMMING AND DIVING
PROPOSED LEAGUE ALIGNMENT

League 1 - 9 Teams

Ardsey/Hastings
Dobbs Ferry/Woodlands
Brewster/John Jay
Bronxville/New Rochelle
Clarkstown
Fox Lane
Horace Greeley
North Rockland
Scarsdale
Wappingers

League 2 - 9 Teams

Arlington
Blind Brook/Rye/Rye Neck
Byram Hills/Briarcliff/Valhalla
Westlake/Pleasantville
Lakeland/Panas/Putnam Valley
Mamaroneck
Suffern
Tappan Zee
White Plains
Yonkers

League 3 - 11 Teams

Beacon
Croton-Harmon/Hendrick Hudson
Eastchester* (new team 2018)
Harrison
Keio
Nyack
Ossining
Our Lady Lourdes
Pelham
Port Chester
Poughkeepsie
Yorktown/Somers

OFFICIALS

SWBOCES will assign officials for **ALL** Section One contests in cooperation with individual Sports Chairpersons.

TIEBREAKING PROCEDURE

When there is a tie between 8th and 9th place qualifiers, a swim off will be held. The winner will be declared the 8th place qualifier. The loser becomes 9th place.

If the meet is held in a 6-lane pool and there is a tie between 6th and 7th place, the same tiebreaker procedure applies.

EXHIBITION HEATS

Exhibition heats will be allowed during the swim meet Prior Mutual Consent of both the home and visiting teams.

The total number of events offered will be decided by prior mutual consent of both the home and visiting teams.

Additional divers may be permitted by prior mutual consent of both the home and visiting teams and home school approval.

Exhibition heats may occur before the scoring heat or after the scoring heat which will be agreed on prior to the meet.

Upon arrival, officials will be notified of what additional heats will be offered and whether they will take place before or after the scoring heat.

PROTEST PROCEDURE

Section One Swimming & Diving Protest Procedure

1. Protests on judgment calls are not allowed! Only misapplication of the rules can be protested.
2. The head coach is the only person authorized to lodge a protest. (An assistant may assume the responsibility in the event the head coach is not available.)
3. Protests must be made to the Meet Referee within 1 event of the situation and recorded on the score sheet. Opposing Coach must be notified immediately.
4. All official protests on the application of the rules must be made in writing, from the HEAD COACH only, to the Section One Coordinator and AD, by 12 midnight of the day of the meet.
5. The Section One Coordinator and AD shall acknowledge receipt of a properly filed protest to both coaches and their AD's and will inform the Director of Interscholastic Athletics in a timely manner.
6. The protest committee shall review the circumstances and rule on the protest. Only the meet officials, AD's and head coaches, can be called to address the committee. *Five Members of the protest committee (with 2 alternates) will be chosen from the respective Sports Committees, at the joint meeting in September, each year.*
7. A written decision (to the coaches and AD's from both schools) will come from the AD and Sectional Coordinator with 48 hours of acknowledging the protest.
8. There will be no appeal of the protest committees' ruling. Their decision shall be final.

**SECTION ONE
QUALIFYING STANDARDS 2018-2019**

EVENT	
200 Medley Relay	1 Per Team
200 Freestyle	1:55.52
200 Individual Medley	2:10.74
50 Freestyle	:23.99
Diving (6)	180 pts
100 Butterfly	:58.68
100 Freestyle	:52.62
500 Freestyle	5:19.27
200 Freestyle Relay	1 Per Team
100 Backstroke	:59.73
100 Breaststroke	1:07.16
400 Freestyle Relay	1 Per Team

**BOYS NEW YORK STATE MEET
QUALIFIER TIMES 2019**

EVENT	STATE QUALIFY
200 Medley Relay	1/Sect (1:40.67)
200 Freestyle	1:47.60
200 Individual Medley	2:00.63
50 Freestyle	:22.19
Diving (11)	450 PTS
100 Butterfly	:53.95
100 Freestyle	:48.76
500 Freestyle	4:52.52
200 Freestyle Relay	1/Sect (1:30.12)
100 Backstroke	:54.82
100 Breaststroke	1:01.20
400 Freestyle Relay	1/Sect (3:18.87)

Individual Sport Verification

*{For the sports of Boys & Girls Tennis, Golf, Gymnastics, Bowling,
Cross Country, Track, Skiing, Wrestling & Swimming}*

Please verify below that each person listed on this roster has met the 6 contest minimum this sports season. *This form must be submitted to Sports Chair **prior to the seeding meeting.**

School _____

Sport _____

Coach _____

(Name, Email, Cell)

<u>Athlete's Name</u>	<u>Athlete's Name</u>
1. _____	11. _____
2. _____	12. _____
3. _____	13. _____
4. _____	14. _____
5. _____	15. _____
6. _____	16. _____
7. _____	17. _____
8. _____	18. _____
9. _____	19. _____
10. _____	20. _____

Each athlete has participated in at least 6 contests during the regular season, which meets the NYSPHSAA minimum number of contests required.

Coach's Signature/Date

Athletic Director Signature/Date

**Section One
Swimming and Diving
2018 - 2019**

Diving-Group of the Week

Consult www.SportYou.com website for specific group of the week.

First dive shall be the voluntary dive from the required group Maximum Degree of Difficulty will be 1.8

Divisional championship required Group Number is 100.

Sectional Diving Qualifying Score is 180 PTS



Dive Order

NYSPHSAA Diving Championship

Place

Name _____ School _____
 _____ Section _____

	NO. of Dive	Description of the Dive	Pos	Degree of Diff	Judges Score							Judges Net Score	Total Score						
					1	2	3	4	5	6	7								
P R E L I M S	1	Forward Back Reverse Inward	____ SS ____ Twist																
	2	Forward Back Reverse Inward	____ SS ____ Twist										+						
	3	Forward Back Reverse Inward	____ SS ____ Twist										+						
	4	Forward Back Reverse Inward	____ SS ____ Twist										+						
	5	Forward Back Reverse Inward	____ SS ____ Twist										+						
S E M I S	6	Forward Back Reverse Inward	____ SS ____ Twist										+						
	7	Forward Back Reverse Inward	____ SS ____ Twist										+						
	8	Forward Back Reverse Inward	____ SS ____ Twist										+						
F I N A L S	9	Forward Back Reverse Inward	____ SS ____ Twist										+						
	10	Forward Back Reverse Inward	____ SS ____ Twist										+						
	11	Forward Back Reverse Inward	____ SS ____ Twist										+						
												Final Score							

Championship Diving Requirements (5 Voluntary/6 Optional)

The five voluntary Dives shall come from each of the five groups with their assigned dd and have a sum total of 9.0 or less.

The six optional dives shall include at least one chosen from each of the five groups. No more than one optional dive from the same group is permitted through semi-finals.

All five groups must be represented in the first eight rounds.

<i>Coach's Signature</i>	<i>Diver's Signature</i>	<i>Referee</i>
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